

# Culinary MaryK

Weekly Menu- July 24, 2024

Greek Chicken Bowls – Tomato, Pickled Red Onion, Cucumber, Garlic, Black Olives, Feta & Tahini Lime Vinaigrette.

Comes with: four (1 ½ cup) servings of avgolemono soup

Spaghetti Bolognese – Thick, hearty meat sauce, penne pasta, fresh grated aged parmesan.

Comes with: Garden Salad & Baguette

Teriyaki Chicken Zucchini Noodles – From scratch teriyaki sauce, tender chicken thighs, spiral zucchini 'noodles' & sesame.

Comes with: four (1 ½ cup) servings of Farro & White Bean Soup

Mediterranean Chicken Salad – Shredded Chicken, Artichoke Hearts, Sundried Tomato, Red Onion, Almonds, Shallot, Creamy Citrus Vinaigrette.

Comes with: Four Pita Bread Pockets & Gem Lettuce Boats

BBQ Sliders with Spicy Slaw – Pulled Pork BBQ Sliders, topped with Spicy Cabbage Slaw. Served with both Kings Hawaiian Rolls, and a fresh baked baguette.

Comes with: four (1 ½ cup) servings of Summer Pasta Salad (Tri- Color Rotini, Summer Vegetables)

Summer Frittata- Mushroom, Potato, Sausage, Spinach, Gruyere & Cheddar.

Comes with: four (1 ½ cup) servings of Mixed Greens and Fruit Salad